

DR. SHEILAH LYNCH, Plastic Surgeon

Dr. Sheilah Lynch is a native Marylander who knew before she started medical school that she wanted to be a plastic surgeon. "After I got my master's in anatomy, I took a summer job as a scrub tech in a hospital on the Eastern Shore," she says. "I saw what a difference plastic surgery can make in people's lives and I was hooked."

Like most female plastic surgeons, Dr. Lynch is a solo practitioner. "Working on my own means I decide what's important and how I want to spend my time," she says. "That means I can spend a lot of time with patients throughout the process." In solo practice since 1998, Lynch is board certified and one of 102 female plastic surgeons in The American Society for Aesthetic Plastic Surgery. Her most common plastic surgery procedures are facial rejuvenation (face-lifts, brow-lifts, neck-lifts, eyelid surgery); breast augmentation, reduction and lifts; and "mommy makeovers," which usually involve a tummy tuck with some sort of breast rejuvenation procedure.

Dr. Lynch offers aftercare services, including transportation and private-duty nursing for people who desire a high level of confidentiality. Dr. Lynch also provides laser and aesthetician services, and she carries an array of pharmaceutical-grade skin care lines.

Dr. Lynch lives in Chevy Chase with her husband, Tom Hogan, and two small children.

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